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## Rhubarb, Rhubarb ... the newsletter of the West Riding GP Training Programme May 2009 - Number 114



### Focus on ARCP Panels

If you are at the end of your rotation, moving from ST1 to ST2 or from ST2 to ST3 then you will be due an ARCP panel in June. ARCP stands for Annual Review of Competency Progression and the panel will review your progress - via your ePortfolio - in your training rotation. Usually we will just review your ePortfolio but occasionally you will be asked to attend an ARCP panel in person.

Locally we holding ARCP panels on Tuesday 9th June. In order to enable your Educational Supervisor to complete your Annual Review then you need to have completed everything you need to have done by Friday 29th May. This includes:

- Educational supervisor report - and signed if off
- Clinical supervisors report
- All the WPBAs you need to have done
- Uptodate and full shared log - that is actually shared!

Do all this and you will have no problem what so ever - easy, isn't it.

The Deanery will call two groups of trainees to Leeds for face to face panel interviews. The ePortfolio is easy to understand if you are doing a straightforward 3 year rotation with no gaps or breaks. However if you work part time, have had time off sick or on maternity leave then it is more difficult to get a grip on what is happening. Doctors who fit into this group will be called to a face to face so that the panel can make sense of your training progression and what it says on your ePortfolio.

The second group of doctors who are called for Leeds are those who have not completed everything to their supervisees satisfaction, have failed any component of nMRCGP or have been before and are just being followed up!

## HDR

### Tuesday small group sessions

These are held at Dewsbury, Wakefield and Pontefract beginning at 2 pm. Attendance is compulsory

[Dewsbury](#)  
5 May Ethics  
12 May Mock CSA  
19 May Consultation models  
26 May Spring BH No meeting

[Wakefield](#)  
5 May May NICE and other guidelines  
12 May Preparing for your ES meeting AND MOCK CSA at DDH  
19 May Heart failure  
26 May Spring BH No meeting

[Pontefract](#)  
5 May May Day BH No meeting  
12 May Drug Abuse  
19 May No meeting  
20 May WED Mock CSA at Princess St Surgery, Normanton  
26 May Spring BH No meeting

[A&E Fridays](#)  
15 May Evidence Based Medicine

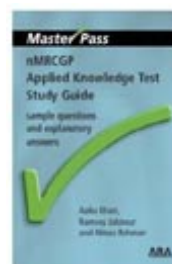
### Trainers Workshops

Are held every month at Dewsbury, Wakefield and Pontefract. Click below for timetables

[Timetable for trainers workshops](#)

## Featured Book nMRCGP Applied Knowledge Study

## Guide - Sample Questions and Explanatory Answers



This book has been written by three recently qualified GPs in London who all got distinction in MRCGP and thought that their revision notes for the MCQ would make the basis for a great book. Gets lots of good reviews on Amazon so I am sure is worth a look.

### HDR Change from August 2009

From August 2009 we are going to split our small group teaching into three groups:

- Doctors in their first GP training post
- Doctors in ST3
- Doctors in hospital posts

Doctors in their first GP training post will spend 6 months looking at communication and consulting skills on a Tuesday afternoon. Doctors in ST3 will spend Tuesday afternoons in preparation for CSA. Once doctors have passed the CSA then the agenda will be more learner led. Doctors in hospital posts will be split into two groups and expected to attend 70% of 10 whole days organised throughout the six months. The programme will be duplicated so that each group can attend each session. [Click here for the list of whole day events and group members](#). Hospital trainees will be expected to apply for study leave for these whole days so apply now!

### Mock CSA - Normanton - Wednesday 20th May at 6.30 pm

We are holding two Mock CSAs this month. One of them is at Princess Street Surgery, Normanton WF6 1AB on Wednesday 20th May at 6.30 pm. We are still after assessor volunteers so if you are able to help please let me know [click here to send me an email](#).

### CSA familiarisation course - 2nd July

If you are planning to do the CSA in the next 6 - 9 months then this is the course to go on. It is at Harrogate and to get a programme and application form [click here](#).

### Vacancies

We have filled 40 out of 43 vacancies in Round One. The remaining vacancies have been offered to appoint to at Round Two - [click here for the full list of vacancies](#).

### Exit Course - 13/14 August

This is a super evaluating course run by Bradford VTS. To find out more and apply [click here](#).

### NPC Information Mastery Workshop

Wakefield PCT is holding a half day workshop on 'Information Mastery' at St Pierre Hotel, Newmillerdam on Thursday 25 June. This is a really great course - I can personally vouch for it. At the end of it you will feel more comfortable about not knowing everything! [To book a place email Jenny Miller](#).

### Minor Surgery Course - 15/16 June, Pontefract General Infirmary

To apply on this course contact Alison Woodhead at Medical Education at Pinderfields - 01924 212932

David Brown